



**FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY**

Dear Arbors on Lake James Community Member:

Our goal at the YMCA is to provide a safe, welcoming and friendly health and wellness experience to you. We focus on relationships first! There is a Wellness Coach, a Member Engagement Representative, a Lifeguard and Department Director available to you at all times. **When you enter our YMCA, you are the most important person in the building.**

**Please accept a 7-day guest pass as a special invitation to our Y, found in the attached Y Awareness packet.** Just bring it in, along with your identification, and we'll take the steps to quickly get you onto the wellness floor, into the pool or into a group exercise class.

A special note should be made in our approach to the pandemic and the cautious steps we are taking to keep our staff, our members and volunteers and our community safe. **We are diligent in meeting the CDC guidelines and NC State Executive Orders.** We have adapted well throughout this historic time, have asked for grace and empathy for and from our staff and members. Above all, we are focused on a healthy community, and that means you.

In less than 60 seconds you can get an estimate of what your membership could be at <https://ymcawnc.org/ymca-membership>. Even better, if a current member of the Y refers you, both can receive \$10 off per month, for 3 months....that's a great value!

If you have any questions, please reach out! We are here to assist.

Be well,

Toby Bramblett

Executive Director

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